PRINCIPAL’S COMMENTS
Our Kindergarten and Year 1 students had a brilliant day last Thursday on their excursion to the Hunter Valley Zoo. They looked awesome in their uniforms and behaved superbly, making us very proud indeed. Our caring teachers ensured that this big day out for our younger students went smoothly and fun was had by all.

NSW State Athletics
Congratulations to Ben Groves who last week contested the 100m at Sydney Olympic Park. He placed 3rd in his heat and 5th in the semi. Unfortunately, Ben did not contest the Final. Well done, Ben.

Footy Colours Day
We recently received a letter of appreciation from the Fight Cancer Foundation for raising over $265 at our Footy Colours Day which was held in conjunction with our very successful Fathers’ Day Breakfast. Thanks you for your support everyone

Peter Mandroules
Principal

Dates to Remember

Term 4

Fri 23 Oct: Kindy 2016 Transition 9:15-10:45am
Fri 30 Oct: Kindy 2016 Transition 9:15-10:45am
Sat 31 Oct: School Fete
Thurs 5 Nov: Parent session Kindy 2016 Transition 6:30-8:00pm
Fri 6 Nov: Kindy 2016 Transition 9:15-10:45am
Fri 6 Nov: Parent session Kindy 2016 Transition 9:15-10:45am
Mon 23 Nov-Wed 25 Nov: Year 5 & 6 Forster Camp
Wed 2 Dec: Assembly of Excellence
Wed 2 Dec: Year 6 Farewell
Fri 4 Dec: Year 6 Reports home
Fri 11 Dec: K-5 Reports home
Wed 16 Dec: Poolside Picnic Years 3-5
Wed 16 Dec: K-2 Performance and Xmas Picnic Day
Wed 16 Dec: Last day of Term 4

School Attendance
Did you know that school attendance is compulsory for students aged 6-17 years of age? Regular and punctual attendance is important for students’ academic progress, successful development of friendships, becoming familiar with teachers and the school, and for future employment prospects.

If your child is absent from school it is your duty of care to inform the school either in writing or verbally within a week of the absence. When a period of 3 consecutive days applies your child MUST have a doctor’s certificate in addition to the parent note. If you would like further information please contact the Principal, Mr Peter Mandroules.

Selective High School 2017 - Attention Year 5 Parents
Selective High Schools cater for highly achieving academically gifted students. If you wish your child to apply for a Selective High School Placement in 2017, please make contact with Mrs McDonald to discuss application.

Please note: no paper forms are printed - all applications must be online. Applications open online October 13-November 16, 2015.

Book Club
If you would like to order any books please have your orders back to school before TOMORROW Thursday, 22 October

YEAR 6 NEWS
LMHS Transition Program
Students who have participated in the GATS project for LMHS have nearly reached completion of their project. Invites have been sent to students involved to attend the presentation afternoon at LMHS on Monday, 26 October from 4pm.

Year 5/6 Camp
Please note the camp is coming upon us quickly. We still have a lot of money outstanding, so if you could please keep sending in payments it would be much appreciated. More notes regarding the camp will be coming with students soon

FETE NEWS
2015 Fete Donations
We are looking for lolly donations for our school fete to go towards our Lolly Store. If you would be able to donate please send in lollies to Mrs Vine or to the front office. Thank you.

Also…..

Mrs Major is looking for donations of small chocolate bars to help out with her stall of a Chocolate Walk.

Thank you

P&C Fete News
Our annual school fete will be held on Saturday, 31 Oct. There will be loads of stalls, face painting, air brushed tattoos, chocolate wheel, guessing competitions, haunted house, lollyshop, chocolate walk, bigger rides and lots more!!! We will again be pre-selling tickets for the rides giving kids 4 hours of rides for $15, or buy on the day for $20. These passes are available Wed 28, Thurs 29 & Fri 30 next week. If you are interested in having a stall on the day please let Jenny Benson in the canteen or Cheryl Fairman in the office know. Also, if you are able to help out on the day it would be very much appreciated. More hands make light work. We would also appreciate donations for the chocolate wheel. We hope to make this years fete bigger and better than last year.

Manno Munch News
All students are very happy the Slushee machine is working. The Wraps also have been very popular and the Monster Noodle snacks have made an entrance with two flavours BBQ & Chicken.

Volunteers are needed for the FETE and on a day to day basis.

Thank you Rhani, Jen, Kylie and for those who drop in and assist us when they can.

FETE DAY: Canteen will not be selling hot food. The only things available for purchase will be: drinks - Aqua Ice, Flavoured Milk, Up & Go’s, Just Juice Poppers and Water. All Ice blocks, chips, muffins, cheese & bacon rolls and finger buns.
Fete News

Your school fete is set to be a family day of fun, food and entertainment. We have rides, activities, entertainment, yummy food and stalls aplenty.

Date: Saturday 31 October
Time: 10am - 2pm

Ride prices:
- Unlimited rides Pre-sale: $15 (if you buy from 28/10 - 30/10 from the office).
- Unlimited rides on the day: $20 (if you buy on the day)
- Price per ride: $3

Prizes to be won at the lolly guessing competition and Chocolate Wheel.

Rides include waters blasts, jumping castle and inflatable slides. We have a haunted house, chocolate walk, face-painting, arts and crafts.

Stalls include clothes, bags, toys, jewellery, pet treats, cakes, herbs & spices, candles, crafts, scrapbooking, plants, trash and treasure and thermomix demonstrations.

Community groups supporting us include Westpac Helicopter services, Oasis Youth Centre, Wildlife Arc, Ovarian Cancer groups, Rural Fire Service, Camp Breakaway, Newcastle Night Angels, Wally’s Dog Rescue, Local Radio Lake Macquarie FM97.5 and Country Women’s Association.

Entertainment includes music and martial arts

And our Mannering Park Men’s Shed will be cooking up our Sausage Sizzle!

Help Wanted:
We really need your help!
If you can spare some time on the day to help with a stall or selling drinks at the sausage sizzle please let us know at the office.
Swap this Breakfast | For these Healthier Options
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White toast | - Choose wholemeal  
- Add fresh tomato or avocado  
- Spread ricotta, top with sliced fruit for a sweet treat
Flavoured milk | - Make a fruit smoothie: blend frozen raspberries + honey + reduced fat milk + yoghurt
Rice bubbles | - Porridge or wheat biscuits topped with banana + a small amount of honey

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

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**Newsletter Item 13**

Aim: To provide parents with strategies to help their children develop and maintain friendships to reduce the likelihood they will be bullied at school.

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**Friendship and Social Support**

A child with many good friends is less likely to be bullied than a child who is often alone or who has only one friend. Children who bully others are careful to avoid those children who have assertive and supportive friends.

**How can parents help their children to make friends?**

- Make sure that your children play with other children at school, at home and in your neighbourhood.
- At home, encourage your children to talk and maintain contact with their extended family – uncles, aunts, cousins and grandparents and to talk to adult family friends.
- Invite other children over for visits to show your children what to do to make their guests feel welcome.
- Help your children make new friends in different friendship groups by encouraging them to develop other interests and hobbies, such as sport, Scouts, dance, drama or music – outside their group of school friends.
- Take your children on holidays to places where there are other children who are a similar age.
At the Hunter Valley Zoo we had the best day ever!

We all got to feed the soft and friendly kangaroos. Some even had baby joeys in their pouches.

The alligators had rough and leathery skin.

We watched the lizards bake in the sun, the meerkats stand at attention, the tortoise being fed sweet potato, the crocodiles snoozing, the camels kissing and the goats begging for food.