PRINCIPAL’S COMMENTS

Our school fete is almost upon us and we are hoping to have as many families, friends and community members attend as possible, with our fingers crossed for good weather. Jenny Benson, our P&C President has been tireless in her organisation leading up to this event and we would like to thank her and all the other volunteers/contributors for their efforts in ensuring this is a successful fundraiser for our school.

Our Early Actions for Success latest data on Kindergarten to Year 2 children has been really pleasing with results gaining positive acknowledgement from the Program’s State organisers. Belynda Gruden, our Instructional Leader has ably led her enthusiastic team in teaching side by side with our classroom teachers to continue achieving great outcomes for our students.

Our Year 6 students will be running an ice-cream day next Tuesday and Tuesday 17th November as part of their fundraising.

Kinder 2016 - We are growing strongly again and I am almost ready to begin the first preparation of class groupings for 2016. Thank you for spreading the word to community members but we need to have one last push to get accurate numbers for next year. With new faces in our community please remind new neighbours to come to the school and let us know of potential students for 2016.

Hats at School - Please be reminded we have a strong ‘No Hat No Play in the Sun’ policy. This means children with no hats are restricted to play under the covered areas. Please ensure children have their hat and that their names are clearly marked on the hats to ensure a quick return when lost. It’s great to see that many of the students are also wearing their sunglasses in the playground.

Parking at School - Please be reminded that no parents have permission to park in the staff car parks. This is a safety and security measure and one we need to adhere to.

Our Year 5 and 6 students took part in the Hunter Maths Competition earlier this year. It is open to all schools in the Hunter and Central Coast areas. I’m pleased to report that six of our students received certificates at the next School Assembly. Very well done!

MPPS allocated much of this funding to:
  • Acquiring additional resources to better meet the individual needs of students
  • Employing a speech therapist and School Learning Support Officers
  • Providing greater assistance in specific program implementation and individual support for students
  • Funding the building up teachers’ existing skills and knowledge to better teach, motivate and engage your children throughout their learning and school journey.

Some of the resources and initiatives that were made possible as a result of this funding:
  • Curriculum resources - Skoolbag App, levelled PM Readers, Numeracy and Literacy Educational Boxes
  • Physical improvements - COLA, school signage, extra air conditioners
  • Literacy and Numeracy programs - Focus on Reading
  • Technology - laptops, iPads, projectors, wireless internet, SENTRAL
  • Establishment of a Computer Lab and Early Actions for Successful room (Hub)
  • School hats and sunglasses for ALL students.

Successful Learning for all, yes we give a Gonski!!

Ms Dorn

YEAR 6 NEWS

Ice Cream Fundraising Day
Year 6 will be holding an ice cream day next Tuesday, 3 November. Students can purchase one of the following at lunch:
Ice Cream Cone $1 OR Ice Cream Spider $2.
All funds raised go towards the Year 6 gift to the school and the Year 6 Farewell.

Year 5/6 Camp
Please note the camp is coming upon us quickly. We still have a lot of money outstanding, so if you could send money in it would be much appreciated. Medical notes were sent home last week, please send them back asap. More notes regarding the camp will be coming home with students soon.

Year 6 Farewell
We are currently gathering helpers for the organisation of the Year 6 Farewell. If you are able to assist in any way, no matter how small, please send your name, number and what
you can assist with to Mrs McDonald asap.

**High School Transition Project**
Several students from MPPS have been involved in a project with Lake Munmorah High School over the last term. Students were selected to participate in the Highly Motivated GATS project which involved students completing a project to present at the High School. This presentation was on Monday afternoon. Our students worked hard to produce great projects and represented our school with pride and loads of personality! They should be commended for their efforts and commitment. Well done Wilson, Jaali, Riley, Kaitlyn, Angus and Lochlan.

**FETE NEWS**

**P&C Fete News**
Our annual school fete will be held on Saturday, 31 Oct. There will be loads of stalls, face painting, air brushed tattoos, chocolate wheel, guessing competitions, haunted house, lollyshop, chocolate walk, bigger rides and lots more!!! We will again be pre-selling tickets for the rides giving kids 4 hours of rides for $15, or buy on the day for $20. These passes are available today, Thurs 29 & Fri 30.

**Manno Munch News**
The Fete is on Saturday and the Canteen will be open. NO hot food will be sold. Items on sale will be: drinks, snacks, ice blocks, ice creams, slushedes, muffins, finger buns, cheese & bacon rolls, tea, coffee & hot milo.

Volunteers are also needed for the Fete day and for our normal day to day requirements.

Thank you to Rhanii, Jen, Anne, Kylie and for those who came in and helped out when they could.

**Lost Property - Last Chance**
We have an abundance of lost property at school at the moment. If you are missing any items please come in tomorrow or Friday for a look. We have lots of jumpers (school and personal), lunch containers, water bottles etc. If we still have lots of items on Friday afternoon these will be put on a stall at the Fete and be sold for a gold coin donation.

Please make sure **ALL** items of clothing and lunch containers are clearly marked with your child’s name so they can be returned.
We need your help!
Mannering Park Public School Fete
31.10.15
10am-2pm

The Haunted House is not going to look very scary unless black curtains, black sheets and/or black tarp are generously donated.
Please send all donations to Miss Stephenson so she can transform the Science Lab into the Haunted House!

Thanks for checking out our two and half day Live it Now event!

Live it Now is a two and a half day ‘Life-Changing’ event in Sydney that reveals how to break through the day-to-day mediocrity and create the life you want NOW.

Are you looking for more from your life? A better career, improved finances, taking your business to the next level, more satisfying relationships, emotional balance, a healthier body, more spiritual time for yourself... If the answer is YES (maybe all of the above) and you want it “NOW” then reserve your seat at our upcoming Live it Now 2.5 day event.

This is your opportunity to work with experts in all areas of your life at this not to be missed 2.5 day event.

CAUTION: This is not your ordinary sit down, be bored and take notes event. This is hands-on. Be prepared to be inspired and motivated to make big changes. If you’re a fan of Tony Robbins then you’ll absolutely love this.

Our upcoming workshops for 2015 are
14th - 15th of November

They will be held at our events room St Leonards at:
Level 1, 1 Althosion St
St Leonards NSW 2065

Call 1800 552168
**The simplest way**

**...to make tabbouleh.**

**Ingredients**
1 cup cracked wheat (bulgar)
2 large ripe tomatoes, diced
1 small cucumber, diced
3 spring onions, finely sliced
1 bunch parsley, chopped
1 bunch mint, chopped
2 tbsp lemon juice
1 tbsp olive oil

**Method**
Cover the cracked wheat with water and soak for 15 minutes. Mix with remaining ingredients and serve chilled. Makes a great addition to your kids’ lunch box – add to sandwiches/wraps or send in a small container.

**Tips**
*For best results, use flat leaf parsley when available. For a more substantial meal: add 425g can drained chickpeas; or serve with grilled fish or meat and flatbread.*

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**Self-Esteem**

**What is self-esteem?**

Self-esteem is the way we feel about ourselves. When working out how we feel about ourselves, we compare how we see ourselves, and how we believe others see us, with how we would like to be.

Research has found:
- Children with high self-esteem are as likely to have been bullied as those with low self-esteem.
- HOWEVER, those with low self-esteem report:
  - More extensive bullying;
  - Higher levels of stress as a result of being bullied; and
  - More negative effects of this stress.
- It is children with genuinely high self-esteem that are most likely to support and defend children who are bullied.

**How do we develop healthy self-esteem in children?**

1. **Positive messages from important people**
   The positive and sincere feedback children receive from people who are important in their lives helps them gain confidence through feeling loved and feeling that they belong and are accepted.

2. **Life experiences**
   Dealing with success, failure and frustration as well as learning to take risks all help children develop their own self-esteem.

The next edition of this newsletter will describe how parents can help build their child’s self-esteem.

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**Q4: Family ACTIVation Pack**

**Year 1 families**

**Have you used your Family ACTIVation pack yet?** All Year 1 students recently took home a lanyard with cards filled with fun games for families to use. These games reinforce the skills that your children are learning at school in PDHPE; they are easy to use and with pictures to follow.

Get out and get skilled, get active and get healthy!

For more information or to download a copy of the pack check out the website Q4: Family Activation Pack at [www.healthpromotion.com.au](http://www.healthpromotion.com.au)