PRINCIPAL’S COMMENTS
Thanks so much to all the parents, grandparents and friends who attended our Open Day last Thursday. The ‘roll-up’ was great and we understood how difficult it is for some to attend as you have other commitments. It was a great opportunity for our great students to showcase just some of their talents, show you around their classrooms and entire school as well as share some time with you in our school setting, of which we are so proud. The positive comments we received from many visitors were most encouraging and appreciated. I apologise for the ‘glitch’ with the microphone which made it difficult for our audience to listen to our final three public speakers. We will attempt to video the students and upload these to the school’s website and new facebook page in the near future.
The Canteen was flat out with sales, especially the popular sausage sizzle and we hope everyone had a great time.
Mr Rath did a great job organising our Primary Athletics Carnival last Friday and, again, it was great to see so many parents, friends and carers there to support our students on the day.
Our Infants Carnival is on at school next Friday (14th) and we certainly hope it is as successful for our younger students as well! I was really impressed by our debating team who went up against Jilliby last week. They were outstanding and won the debate convincingly, being ably mentored by Mrs Balcomb.
Mrs Balcomb has also done an amazing job with our public speaking representatives who have ‘blown me away’ with their talent. The Regional Public Speaking takes place here in our Hall tomorrow and I’m looking forward to see how our ‘stars’ fare in this competition.

Woolworths Earn & Learn Promotion
This initiative is on again and we urge all parents to please remember to collect the stickers for our school when they shop at Woolworths. The school has a bin in our office area as well as a ‘bin’ outside ‘Woolies’ at Lake Munmorah.

Gymnastics
Only a couple of weeks left before this great program commences for our students. Please remember to bring in permission notes and payments as soon as possible. The cost is only $25 per student. There is another Permission slip in this newsletter. Final payment will be required by Friday 7th August.

‘Eat it to Beat it’—Parent Information Session.
All parents are most welcome to attend this great opportunity to be held in the Community Room on Friday 7th August between 9.00am and 10.30am. Many parents who drop their children off to school in the mornings will find this time quite accommodating so please contact the office and please let us know whether you are able to participate. (See flyer in this newsletter).

Working Bee
has been set down for Sunday 11th October and this year’s School Fete will take place on Saturday 25th October. The next P&C meeting will be held on Tuesday 18th August in the Staff Room at 6.30pm. All parents are most welcome so please feel free to attend!

Peter Mandroules
Principal

REMINDERS
All money due now for Gymnastics, Swim Scheme, and Year 5/6 camp.

Dates to Remember Term 2
Term 3
Every Thurs: Horizons Kindy Transition - Term 3 & Term 4
9:30-11:30am
Thurs 6 Aug: Uniting Church Choral Presentation
Fri 7 Aug: CWA Choral Presentation
Fri 7 Aug: ‘Eat it to Beat it’ Parent session 9-10:30am
Fri 7 Aug: Jeans for Genes day
Fri 14 Aug: Infants School Athletics carnival, at school 5, 6 and & 7 year olds
Week 6: Mon 17 Aug: Gymnastics program starts
Tue 18 Aug: P&C Meeting 6:30pm
Thurs 20 Aug: Bookweek character parade / Author visit
Sat 22 Aug: Bunning BBQ Fundraiser—Morisset
Mon 24 Aug-Fri 4 Sept: Intensive Swimming Scheme
Wed 26 Aug: Hunter Primary Maths Competition
Fri 28 Aug: Zone Athletics Carnival - Mingara
Thurs 10 September: Gilabee Day
Wed 16 Sept: 2/3V, 3/4R & 4S Excursion Laycock St Theatre
Wed 16 Sept: P&C Movie Night - Metro Lake Haven
Term 4
Sun 11 Oct: Working Bee
Sat 31 Oct : School Fete
Mon 23 Nov-Wed 25 Nov: Year 5 & 6 Forster Camp

Intensive Swimming Scheme/Swim Survival Skills
The Intensive Swimming Scheme for Years 2-6 held at Toukley Pool is on again from Monday, 24 August –Friday, 4 September.
This is not just for non swimmers, it also is a great scheme for swimming survival skills for all students in Years 2-6. If you would like your child to participate in this program please come in to the office and get a permission note, the program only allows 60 students to participate, so hurry and get your form returned.
You can opt to pay off in instalments if you wish or pay the whole amount. This needs to paid in full by Friday, 7 August.
Keep in mind the cost of the program is for a 10 day intensive swimming program and you would find it very difficult to get lessons of equivalent value.

Skoolbag & Facebook
We now have MPPS up and running on Facebook. Please log on and like the page and you will receive all notifications, newsletters etc.
If you would like to add the Skoolbag App to your phone the instructions are shown further in this newsletter. On the Skoolbag app you can also read the newsletters, alerts etc., but you are also able to notify the school with your child’s absence notes.
It would be great to have all parents, carers and friends on either Facebook or have the Skoolbag app.
Manno Munch News
It has been an exciting week with the Open Day and the Athletics’ Carnival. Thank you to Delta for the use of their facilities. Volunteers are needed, please feel free to come in and give us any time you can spare. Thank you to Jen, Rhani, Tracey, Dee, Lisa, Kim, Kylie, Taylor, Jeanette, Wayne, Mr Shepherd and Katherine.

Fundraising News
Bunnings BBQ
When: Saturday, 22 August
Time: Any time you can spare from 9am-4pm. (Feel free to organise groups with your friends and let me know times that suit)
We generally try to have at least 2-3 people for each shift. 3-4 people may be needed for busy times from about 11-2. The more people we have the shorter the shifts.
Donations: another way of helping us is by donating items for the BBQ. Items may include: sausages, onions, napkins, ice, sauces or drinks.
Movie tickets are available from the office. Thank you
Jeannette

Bookweek is approaching!
Have you thought up a wonderful book character costume with your child? Our book parade will be the morning of 20th August. This day will also host a visit by a local author, so all kids will need to bring $2 to be enthralled by this wonderful hour of laughs and literature.

Debating
Congratulations to our Year 6 Premiers team who successfully defeated Jilliby last Thursday. The team argued for the negative that all kids should be made to do an hour of sport after school. This win makes them the pool champions and will be in the knockout rounds soon…….

Attention Parents of Year 6 Students attending Lake Munmorah High 2016, Lowes currently have the current microfiber sports shorts reduced from $30.99 to $19.99, while stocks last.

‘EAT IT TO BEAT IT’ FRUIT & VEG SENSE WORKSHOP
FRIDAY, 7 AUGUST 9:00-10:30AM
Yes I would like to attend this workshop
Name __________________________
Signature ________________________

GYMNASTIC LESSONS TERM 3/4
YES, I am interested in my child/ren having Gymnastic lessons in Term 3 and Term 4 and I understand it will be at a cost of $25 paid in full by Friday, 7 August.
Name __________________________
Signature ________________________
Child’s Name ____________________ Class ___
Child’s Name ____________________ Class ___
Child’s Name ____________________ Class ___
Child’s Name ____________________ Class ___
Please find enclosed $25 being for 10 weeks Gymnastic lessons.
Office Use Only
Paid __________ Date __________ Sig ______

PHOENIX
PEST MANAGEMENT
FREECAL 1800 774 337
Parents and Teachers SUPPORT YOUR SCHOOL!
Book your pest service from now to the end of Aug!
Mention MANNIERING PARK PS
And we will donate $20 back to your school.
Full House and Garden Sprays, & Termite Inspections.
How To Install Skoolbag On Your Smartphone

iPhone & iPad Users
1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If Phone, you will see your school appear, click "Free" then "Install".
4. If Pad, change the drop box to "iPhone Apps", your school will then be visible, click "Free" then "Install".
5. When installed click "Open".
6. Select "OK" to receive push notifications, when asked.
7. Click the "Menu" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.

Android Users
You must first have signed up with a Google Account before installing the app.
1. Click the "Play Store" button on your Android device.
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for any permissions, (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "Menu" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.

Don't forget to like us on Facebook! https://www.facebook.com
Find out more at www.skoolbag.com.au
Mannering Park Public School - Fundraising 2015

Bunnings BBQ Fundraiser

All money raised goes directly to Mannering Park Public School.

Date: Saturday 22 August 2015
Where: Bunnings Warehouse – Cnr Mayfair Close, Morisset
Times: Approx 1-2hrs to help out between 9am – 4pm

What do we need help with?
1. Volunteers to cook the sausages on the BBQ, prepare the sausage sandwiches/rolls
2. Volunteers to sell the food & drink to customers

Donations
We will provide everything you need to prepare and sell the food, but we also appreciate any donations including:
- Sausages, onion, sauces, drinks, bread, gloves

If you can help – please
1. Leave a message at the office
2. Let us know your preferred time

The money raised goes directly towards our school resources.

We appreciate any help you can give.

Thank you
**A Night at the Movies!**

**Date:** Wednesday 16 September 2015  
**Time:** 6pm for 6.30pm start  
**Where:** Metro Cinemas, Lake Haven  
**Movie:** **PIXELS**  
**Tickets:** $10

**Buy your tickets at the school office before the night**  
**Bring your family and friends!**

“When aliens misinterpret video feeds of classic arcade games as a declaration of war, they attack the Earth in the form of the video games.”

**Starring Adam Sandler, Kevin James, Michelle Monaghan**

**Prizes to win & cake stalls on the night.**

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**Communicating effectively with your children**

Over the next few weeks we will feature articles that may help you talk with your children about bullying. It is important to discuss bullying with your children on a regular basis. Regular communication with a person they trust and respect will help them form their own opinions and beliefs about bullying. Your children will also feel more comfortable telling you if they are being bullied.

Why not try some of the following ideas to improve the way you talk with your children.

**Sit shoulder to shoulder or walk with your child as you talk.**

- Talking face to face can be quite confrontational, particularly for boys.
- Sitting or walking side by side will encourage both you and your child to talk freely.

**Use open-ended questions.**

- It is easy to ask your child if they had a good day or if they would like toast for breakfast; however these questions only require a yes or no answer.
- Try asking questions such as “What did you do today?” or “What would you like for breakfast?”. These types of questions encourage discussion between you and your child.

**Talk with your children about what to do rather than what not to do.**

- It is common for us to focus on poor behaviour, such as “don’t step in that puddle” or “stop swinging on your chair”.
- Using positive language allows you to tell your children what you would like them to do rather than what you don’t want them to do.
- Try rewording negative statements to positive statements such as “step over the puddle” or “please put the chair legs on the floor”.

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This is a MPPS Fundraising event.
**Nutrition Snippet**

**The simplest way**

...to pack a healthy lunch box.

Packing a healthy lunch box is one way to get your kids eating the right amount of fruit and veg. There are a few ways of making healthy lunch boxes hassle free:

- Pack the night before, so it's not a rush in the morning.
- Always pack a serve of fruit: chopped or sliced for younger kids, or a fruit salad for a change.
- Always pack a serve of veg: think sliced veggie sticks, hummus or veggie dip, left over roast vegies.
- Include salad on your child’s sandwich – every bit counts!
- Include wholegrains and a serve of protein (lean meats, eggs and tofu all count)
- Add a serve of dairy and a bottle of water.

*Remember to aim for five serves of veg, and two serves of fruit every day!*

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at facebook.com/eatittobeatit